

Partnership Notes

AUGUST 2008

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The Healthy Choice Made Easier for Oregon's Students

Look for Changes in School Foods this Fall

The first wave of changes in school foods legislated by the adoption of House Bill 2650 goes into effect with the start of the 2008-09 school year. House Bill 2650 establishes statewide nutrition standards for grades K-12 on all foods and beverages sold outside the National School Lunch and Breakfast Program in all school locations during regular and extended day. It sets age-appropriate portion sizes as well as calorie, fat and sugar limits for snacks, beverages, foods sold in vending machines, student stores and the a la carte line in school cafeterias.

This law will make it easier for Oregon's students to make healthier choices.

The new nutrition standards apply only to prepackaged foods and beverages for this school year. The same standards will apply to snacks and a la carte entrees made "in house" beginning with the

2009-2010 school year to allow schools more time to determine the calorie and fat content of foods made in house. The main reason for the law is a desire to curb the rampant childhood obesity epidemic. However, there is no list of "good" or "bad" foods, nor does the law apply to foods brought from home or off school grounds. And, the law does not apply to school events where adults are the main audience, such as sports events, theater productions or recitals.

As a local public health advocate or parent, be sure to praise your schools for making these changes. If you're not sure whether the changes have been implemented or not, you may ask your school or use the Snack Calculator to find out whether the foods you're curious about meet the new standards. The snack calculator can be found on the CHP website at: www.communityhealthpartnership.org.

In or Out? Healthy Foods for Healthy Students



Healthy Snack Calculator

Use the snack calculator on our website to determine whether a food meets the new school nutrition guidelines. Visit www.communityhealthpartnership.org.

HB 2650 Healthy Foods for Healthy Students was signed into law by Governor Kulongoski on June 20, 2007

It Couldn't Have Be Done Without You

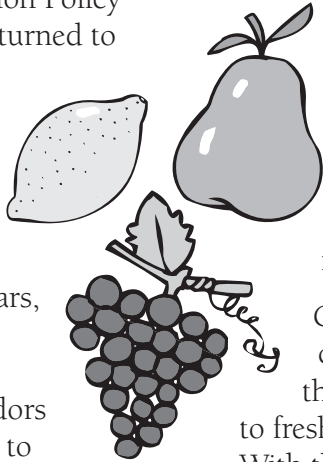
Passage of HB 2650 would not have been possible without support from the Oregon Nurses Association, Stand for Children, and the American Diabetes Association and our legislative champions Representative Tina Kotek (D-Portland), Representative Scott Bruun (R-West Linn), Senator Bill Morrisette (D-Springfield), and Senator Joanne Verger (D-Coos Bay).



Oregon's Public Health Institute

The Worst Foods Are Out – Now What?

With the successful passage of House Bill 2650, CHP—in partnership with the Oregon Nutrition Policy Alliance—has turned to helping with implementation of the law as well as future policy efforts. As the school year nears, CHP has been fielding phone calls from vendors who are trying to determine whether their product meets the nutrition standards, and has developed web resources for parents, administrators, students, and teachers who are interested in following the law's implementation.



CHP is also participating in the Farm-to-School and School Garden Coalition, which is working on legislation to increase funding contributed by the state of Oregon to the National School Lunch Program to bring fresh, local foods to schools.

CHP is especially committed to ensuring that students have access to fresh fruits and vegetables. With the increasingly high cost of fresh produce, there is even greater reason to bring produce into schools since many families may be unable to provide it for their children at home. We recognize that schools may be the only opportunity for some students to enjoy fresh fruit and vegetables.

Partnership Notes

SAVE THE DATE:

The **2008 Billi Odegaard Public Health Genius Awards** luncheon will take place October 22, 2008. Plan to join us to honor the extraordinary public health leadership, innovation and commitment of the 2008 award recipients. For tickets, sponsorship and more information, contact: ebony@communityhealthpartnership.org.

SAVE THE DATE:

Oregon Public Health Association
Annual Meeting and Conference
October 6 and 7, 2008
Lasells Stewart Center
OSU Campus
Corvallis, Oregon

Yes, I'll support Community Health Partnership. Enclosed is my tax-deductible donation to improve the health of Oregonians through support of public health.

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Community Health Partnership

Community Health Partnership's mission is to improve the health of Oregonians through advocacy and support of effective public health policy and activities.

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